

A woman with dark hair pulled back, wearing a long-sleeved, floor-length white wedding dress with a long train, stands in front of a white, paneled door. She is holding a small bouquet of white flowers in her right hand. The background is a plain white wall.

# life

Highland

Issue 158 | March '18

Stylish | Sassy | Smart

**Travel**  
Columnists

Plan your  
*wedding*  
with our experts

Spring style

Mother's Day treats

# Give Mum the gift of Nourished Skin

## Luxurious pearls....

Dr Organic Pro-Collagen + anti-ageing moisturiser with Black Pearl complex, **£18.99**, exclusively at Holland and Barratt.



## Recovery treatment...

Jasmine Oil Blend Radiance Recovery Oil, by Pixi, is a blend that can either be added to your favourite moisturiser for extra richness, or simply massaged directly into the skin to restore moisture in stressed skin. Available at M&S, **£26**.



## Inside out repair...

Skin support system Norella was named Global Wellness Trend of 2017 and is a favourite of Victoria Beckham.

With its patented formulation and dual approach, consisting of a food supplement and a topical cream, it's unlike any other product on the market. Available from: [www.norella.com](http://www.norella.com) Norella tablets are priced at **£39.95** for one month supply and the Norella cream is **£39.95** for 50ml.



## Sweet like honey...

After years of looking after you, why not give your mum a helping hand when it comes to anti-ageing with Skin Doctors Younger Hands (RRP, **£30.60**). This hand treatment is designed to hydrate and soften dry hands to take 10 years off hands in just six weeks!

Skin Doctors Beelift (RRP, **£38.99**) is the perfect gift for the Queen Bee in your life. The luxurious facial hydrating treatment containing bee venom and natural Manuka Honey to combat fine lines, wrinkles and loss of elasticity in the skin.

Products are available from [www.skindoctors.co.uk](http://www.skindoctors.co.uk), Look Fantastic, Boots, Amazon, Feel Unique, Ocado, Chemist Direct and more.



## Fun Gifts for a Memorable Day



In black swan, unicorn and flamingo, these ceramic dishes are sure to be a talking piece, whether mum uses them for snacks, jewellery or stationery. Find them at [www.redcandy.co.uk](http://www.redcandy.co.uk), priced **£20** each.



Get a party started with these Talking Tables Pong Wars **£13**, [www.talkingtables.co.uk](http://www.talkingtables.co.uk) - 0207 627 6767. Don't forget a bottle of bubbly to go with it!